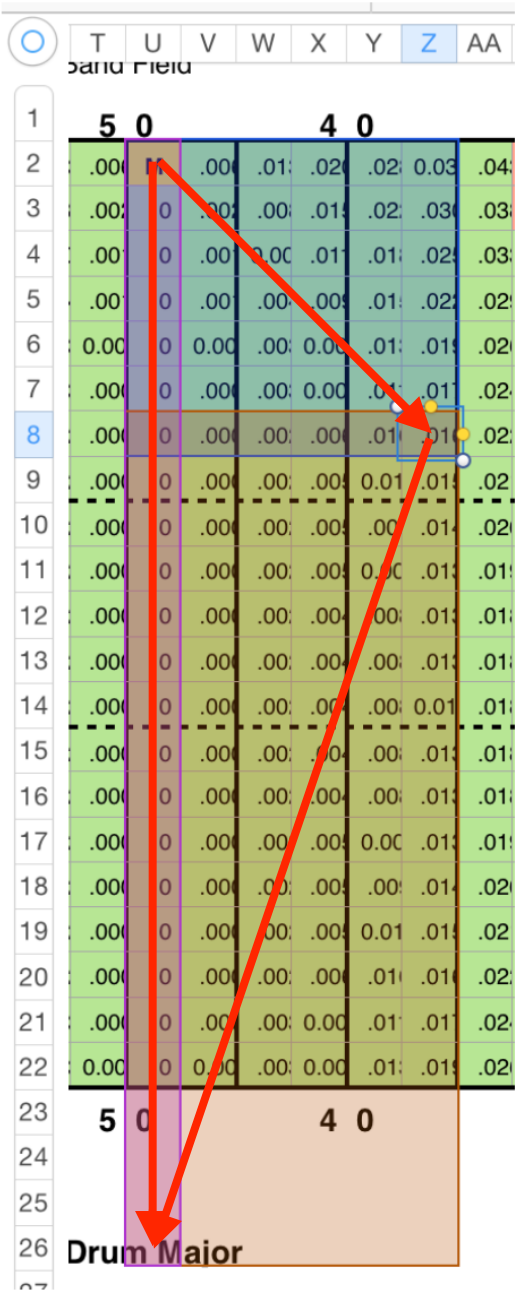
Formula: Metronome at 50 Back Sideline; cell Z8 selected:

= 0.00652173913043 × (SQRT(SUMSQ(COLUMNS($U$2:Z8) − 1, ROWS($U$2:Z8) − 1))

+ SQRT(SUMSQ(COLUMNS($U8:Z$26) − 1, ROWS($U8:Z$26) − 1))

− SQRT(SUMSQ(COLUMNS($U$2:$U$26) − 1, ROWS($U$2:$U$26) − 1)))

7.5 feet per cell
Speed of sound: Roughly 1,150 feet/second

$$\frac{7.5 \text{ ft}}{1150 \text{ ft/s}} = .00652173913043 \text{ seconds per cell}$$